

Subtle Body Worksheet

Name	Day	Date	Time	Moon Phase		
Description	Rate	1st reading	2nd reading	3rd reading	4th reading	Description
General Vitality	09.00-49.00					Each system as a whole represents the same concept. Balancing 1 system balances all 4.
Aura coordination	37.00-22.00					
Aura Distortion (old rate)	43.00-28.00					
Aura Distortion (new rate)	23.35-82.45					
Silver Cord	80.00-60.75					
Holes And Tears In Aura	31.75-50.50 33.25-35.50					Analyze only
Seal Holes And Tears In Aura	53.75-43.25 23.00-35.00					For balancing. Do not seal holes until harmful radiations and entities have been checked for and dealt with.
Aura Displacement	90.00-(-90.00)					Mattioda version of rate 90.00-110.00
WESTERN 7 BODY SYSTEM						Individual bodies or layers do not directly correlate between systems. The different systems as a whole do correlate.
Physical Body	68.00-49.00					The physical body
Etheric Body	49.00-57.00					The etheric body. a template
Emotion Body (Astral I)	25.00-47.00					Emotions, desires
Mind Body (Astral II)	87.00-69.00					Thoughts, Intellect, ego
Wisdom Body (Astral III)	68.00-37.00					Wisdom, knowledge, divine spirit
Spirit Body	48.00-27.00					Consciousness, life spirit
Celestial/Causal Body	17.50-58.00					Higher self, human spirit
5 BODY SYSTEM FROM INDIA						
Annamaya Kosha	96.25-48.00					Food sheath
Pranamaya Kosha	80.75-95.00					Vital energy sheath
Manomaya Kosha	12.00-47.50					Mental sheath
Vijnamaya Kosha	61.00-37.50					Wisdom sheath
Anandamaya Kosha	66.50-59.75					Bliss, joy sheath
EGYPTIAN SYSTEM						
Aufu	11.50-45.00					Physical
Haidit	47.00-71.50					The Shadow/Ghost, Unconscious, Etheric
Ab	99.00-20.00					The Heart, Emotion
Ka	82.25-14.50					Animating Principal, Higher Self
Ba	67.25-21.50					Personality
Sahu	22.00-99.25					Experience, Memories Of Incarnations
Khu	50.75-47.75					The Divine Body or Intelligence, The Blessed Dead
ANCIENT TOLTEC 5 BODY SYSTEM						
Tonacayo	14.00-34.25					Physical
Ihiyotyl	62.00-40.75					Etheric
Teyolia	48.25-74.50					Emotions, Life Experience
Tonal	22.75-87.75					Mental
Nahual	58.00-47.75					Energy, Ego, Spirit